

**ANNUAL PROGRAM AND SERVICE REPORT**  
**JULY 1, 2014 – JUNE 30, 2015**  
**SAINT ANTHONY PARK AREA SENIORS (SAPAS)**  
**(1981-2011: “Saint Anthony Park Block Nurse Program”)**

**MISSION, HISTORY, & CERTIFICATION**

The mission of Saint Anthony Park Area Seniors (SAPAS) is to **enable neighborhood seniors to live healthy, satisfying lives in their homes for as long as they desire and for as long as it is safe for them to do so**. SAPAS accomplishes this by providing assistance to the seniors themselves as well as to their caregivers and families.

Begun in 1981 as the “St. Anthony Park Block Nurse Program,” **the first block nurse program in the U.S.**, SAPAS has always been guided by a volunteer board drawn from our immediate neighborhoods and implemented by a small, dedicated staff and a large group of neighborhood volunteers. In 2011, the board changed the name from “St. Anthony Park Block Nurse Program” to “Saint Anthony Park Area Seniors” to better reflect our geographic reach and participants’ needs.

Our program has served over 4,000 participants since 1981 while collaborating with local and city-wide organizations to use private and community resources to provide a far-reaching model of efficient, cost-effective, home-based, neighbor-to-neighbor senior assistance.

In October 2011, SAPAS first achieved the nation-wide **Charities Review Council’s “Meets All Standards Seal,”** the first and as yet the only block nurse program to be so recognized. Again earned in January 2014, the rigorous certification in four critical areas—public disclosure, governance, financial activity and fundraising—attests to SAPAS’s accountable, trustworthy, and ethical practices.

**GEOGRAPHIC AREA & POPULATIONS SERVED**

SAPAS seeks to assist seniors **60 and older, and their caregivers, living in Lauderdale, Falcon Heights west of Snelling Avenue, and the St. Anthony Park neighborhood of St. Paul**. Of the 11,335 people living in SAPAS’s service area as of 2010, approximately 10% are 65 or older and 35% are 55 or older.

The accompanying program statistics for July 1, 2008, to June 30, 2015, show that SAPAS served 331 unduplicated seniors and caregivers during the past fiscal year. The chart also traces the **upward seven-year trend for seniors and caregivers served**, from 185 in 2008-09 to 331 in 2014-15 (data for 2010-11 and 2011-12 reflect high participation in events surrounding our 30-year anniversary).

**DIRECT SERVICES: DESCRIPTIONS & ACCOMPLISHMENTS**

During 2014-2015, the SAPAS board and staff **concentrated on the quality of continuing services:** home visits and home chore help, physical and social health promotion, caregiver support, and health services coordination.

**Home Visits and Home Chore Help**

**Home visits by SAPAS** staff are usually to assess needs and plan service or to see if needs have changed. SAPAS volunteers’ visits most often provide companionship to seniors or respite for caregivers. Volunteers are trained to alert SAPAS staff if additional assistance seems needed. During 2014-15, volunteers again provided a disproportionate number of neighbor-to-neighbor visits, 547 versus 71 by staff.

Besides arranging for student and scout troops to do **chores for seniors**, SAPAS staff also recruit adult volunteers to assist with chores that seniors cannot carry out for themselves. The

volunteers provided over 75 hours of assistance with, for example, leaf raking, snow shoveling, computer help, window washing, and recycling during 2014-15.

### **Physical and Social Health Promotion**

During 2014-15, staff offered a schedule of **daily weekday exercise classes** at three locations. The classes, which follow the Arthritis Foundation's protocol and averaged just over 10 per class for a total of 97 seniors, continued unchanged from 2013-14 at the Lauderdale City Hall (M & Th), St. Anthony Park Library (T & F), and the Senior Leisure Center (W).

For our **partnership with Meals on Wheels**, SAPAS recruits, trains, and schedules both regularly scheduled and substitute drivers for the routes in our service area. The 48 SAPAS drivers delivered meals to approximately 12 seniors per day throughout 2014-15, according to Meals on Wheels estimates.

SAPAS's **health-related transportation assistance** continues to offer seniors not only rides to health care appointments but also support within the appointments to assist framing questions, remembering answers, and providing reassurance. This support distinguishes the transportation assistance from taxi service or Metro Mobility. The number of SAPAS seniors requesting rides declined to 60 during 2014-15 from the high of 70 in 2013-14. The number of rides and total ride hours, however, continued to increase. Six fewer volunteer drivers meant a 19% increase in the number of rides provided by staff.

SAPAS provides volunteer nurses each Wednesday for free **blood pressure clinics** during Senior Leisure Center hours. This weekly preventive care affords participants peace of mind.

SAPAS's **collaboration with the neighborhood Senior Leisure Center** extends beyond the blood pressure clinics. Housed in the same local church as SAPAS's small office, the Center involves SAPAS staff in the noontime, home-cooked meal available to seniors 55+ and their guests each Wednesday.

In January 2015, SAPAS started a **nutrition group** led by a semi-retired dietitian who meets monthly with interested participants to discuss nutrition and related issues. The group learned about food groups, serving sizes, and nutrition labeling. When surveyed, participants stated that they, for example, had gained "a brighter and more positive outlook on life" and "took more time to read nutrition labels."

SAPAS participants endorsed, as last year, fewer **social outings** and doing them in smaller groups by car for lunch or to nearby destinations rather than more costly trips in larger groups by mini-coach to cultural attractions. The list of outings for 2014-15 included fall and spring visits to the local conservatory flower shows, a pizza picnic with board games, a trip on the light rail between downtown St. Paul and downtown Minneapolis, and lunches and dinners at a local church and at local restaurants.

The "**Senior Cinema Series**" both enhances seniors' social interaction and the community's awareness of SAPAS services. Hosted and advertised by the local branch library, the library sees the series as complementing its print and media offerings. The offerings, secured under the library's screening license, are relatively current films ("The 100-Foot Journey," "The Monuments Men," "Into the Woods," "Unbroken," "Theory of Everything," "Annie" (2014 release), "Get On Up," "Bright Star," and "McFarland, USA"). By screening "relatively current" films, the series seeks to attract a broad audience of seniors and not to compete with commercial theaters even though none are in SAPAS's service area.

SAPAS offers **Coffee & Games** two Friday mornings each month. Participants have enjoyed forming relationships over Scrabble (most popular), dominoes, Sequence, and ping pong. SAPAS provides the coffee and participants have brought snacks to share.

Otto Bremer Foundation funding the past two years has enabled SAPAS to develop initiatives recognizing **volunteers as program participants as well as service providers**. Over 58% of SAPAS volunteers are at least 60 years old. The Bremer Foundation grant made possible a

SAPAS Volunteer Coordinator whose improvements in training, coordination, and recognition for new and current volunteers alike promise to retain their engagement in SAPAS's work. Our second annual volunteer recognition event in April offered an opportunity both to appreciate publicly the 40 volunteers who attended and for them to meet each other (some were surprised that close neighbors also volunteered). The event again engaged local businesses that donated gifts for attendees and increased attention for SAPAS's services in our community through publicity for the event.

### **Caregiver Support**

SAPAS offers varied **support to caregivers**, whether new to the role or in it for some time, whether involvement is limited or 24/7, whether living with the senior or assisting long-distance. Together with local churches, SAPAS staff regularly participate in a neighborhood caregiver support group to which staff make frequent referrals. SAPAS staff find listening to caregivers fundamental. Listening can lead in many directions:

- coaching,
- problem-solving,
- informing of resources and their access,
- providing in-home respite so a live-in caregiver can leave for a time,
- arranging volunteer visiting in place of a non-resident caregiver,
- making "check in" phone calls,
- transporting the senior in place of the caregiver,
- guiding to a caregiver support group, or
- facilitating the caregiver's adjustment when a senior moves to a nursing facility.

Listening to a caregiver may even entail giving post-caregiving assistance after a senior's death.

Assistance may start with a senior's simple request to set up grocery delivery, snow shoveling, or housekeeping and then develop into multiple, more frequent requests. Requests may also come, for example, from a live-in family member for respite from intense around-the-clock care.

Among the 21 caregivers within our neighborhoods during 2014-15, SAPAS's aid to 8 **caregivers for seniors with cognitive or physical limitations** was underwritten by a Caregiver Grant from the Metropolitan Area Agency on Aging.

SAPAS staff also assist **seniors and caregivers outside SAPAS's geographic service area**. Although non-SAPAS caregivers are relatively few, these out-of-area, usually phone queries come, for example, by referral from SAPAS area residents or through SAPAS's website. The queries often require extra research to refer the callers further appropriately.

It is important to note that SAPAS staff regularly assist **participants and caregivers facing end of life issues**. This assistance consists of, for example, comfort, guidance on assisted living and hospice options, or referrals for grief support.

### **Health Services Coordination**

The number of "unduplicated **nursing participants**" has remained a relatively constant, small, but crucial part of SAPAS's work. While home health and homemaker visits and total hours for those visits continued to trend downward, home nursing care and therapy visits and total hours were among the highest in the past seven years. For home health nursing during 2014-15, SAPAS continued contracting with Recover Health, whose services include skilled nursing, physical and occupational therapy, and homemaking assistance.

## **INDIRECT SERVICES: DESCRIPTIONS & ACCOMPLISHMENTS**

During 2014-15, SAPAS concentrated on **three indirect services of special importance:** volunteers, fundraising, and assessment of neighborhood seniors' and caregivers' needs.

### **Volunteers**

**Recruitment, training, managing, and recognition of volunteers** is crucial to ensuring quality service to SAPAS seniors and caregivers. With Otto Bremer Foundation funding for 2013-14, SAPAS improved its volunteer management by (a) re-classifying its 10-hour-per-week Program Assistant to a 20-hour-per-week Volunteer Coordinator beginning September 2013, (b) providing staff professional development in volunteer management through the Minnesota Council of Non-Profits, (c) purchasing computer hardware and software as well as camera phone equipment, and (d) providing technical support for this new equipment.

During 2014-15, Otto Bremer Foundation support enabled SAPAS to (a) refine volunteer initiatives regularized in 2013-14; (b) add new elements to the volunteer program that staff and participants identified during 2013-14; (c) support the SAPAS board's efforts to increase low-income seniors' participation and expand the competence of neighborhood residents to meet the complex needs of aging; (d) increase the Volunteer Coordinator's expertise with the SAPAS database in general and data on volunteers in particular; and (e) secure additional reliable funding, especially for a 25-hour-per-week Volunteer Coordinator position.

SAPAS's unduplicated volunteers numbering 148 at year's end, the largest cohort in seven years, is in large part attributable to the Otto Bremer Foundation's confidence in SAPAS. Also in no small measure because of Otto Bremer Foundation support, SAPAS's direct service volunteer hours during 2014-15 increased significantly from 2,784 in 2013-14 to 4,196 in 2014-15 and continued the upward trend from 1,434 hours in 2008-09.

### **Fundraising**

SAPAS's attention to **fundraising** reflects anticipated declines in government funding. Foundations with long-time neighborhood ties, the Saint Anthony Park Community Foundation and Elmer L. and Eleanor J. Andersen Foundation, remain crucial sources of operating funds.

SAPAS's board, however, also took steps such as improving its annual appeal to individuals, regularizing a special cost-sharing appeal to participants, identifying and applying to new foundation and corporate granting sources, and initiating a "business liaison" subcommittee of the Board's Fundraising Committee.

One of the first initiatives of the business liaison subcommittee was to organize an event to engage local businesses while increasing SAPAS's visibility. In an afternoon in June, board members, led by the subcommittee, hosted over 200 people at Giggles' Campfire Grill on the Minnesota State Fairgrounds who paid to taste beer from eleven local craft breweries, sample "State Fair food," and enjoy three local performing groups. Twenty-eight businesses and individuals donated items for a silent auction. The event raised both funds and friends for SAPAS.

### **Assessment of Neighborhood Seniors' and Caregivers' Needs**

To better understand the needs of neighborhood seniors and caregivers, the SAPAS board contracted in January 2014 with the research unit of the Wilder Foundation to facilitate a **needs assessment among seniors and caregivers** in SAPAS's neighborhoods.

The assessment went forward in four steps: (1) a summary by Wilder Research of existing data on our neighborhood seniors and caregivers, (2) eight representative focus groups involving 79 individuals from neighborhood stakeholders and businesses, (3) a forum led by Wilder staff that drew over 100 neighbors, and (4) finally, recommendations, based on findings from the focus groups, forum, and national best practices, which Wilder Research presented to the board December 2014.

The board is shaping its strategic planning in light of the assessment's four recommendations regarding housing, transportation and walkability, caregivers, and at-home living assistance.

### **COST OF SERVICES, FINANCIAL STATEMENTS, & USE OF FUNDS**

Analyzing program, management, and fundraising expenses as well as paid and volunteer hours that SAPAS expends per senior and caregiver shows **SAPAS's cost-effectiveness**—all calculations of humane neighborliness aside.

During 2014-15, SAPAS's willing volunteers, prudent staff, and engaged board resulted in its **use of funds** resulting in merely \$419 per each 331 unduplicated SAPAS participant. Of total expenses, 84% went to program costs while management required 10% and fundraising 6%. Of staff compensation costs, 87% was allocated to programs, 10% to management, and 3% to fundraising. SAPAS used just over 37 minutes per week, 60% of which in volunteer time, to assist each senior and caregiver participating in SAPAS.

The 2014-15 **financial statements** show that the board budgeted for a deficit, but new grant sources, increased donations, the June fundraising event, and a temporary increase in government support resulted instead in a surplus. As SAPAS's balance sheet exhibits, the organization currently has no endowment and relies on funds invested conservatively to cover shortfalls. (See accompanying "St. Anthony Park Area Seniors Profit and Loss 2014-15" and "St. Anthony Park Area Seniors Balance Sheet as of June 30, 2015"; note that the "St. Anthony Park Area Seniors Profit and Loss 2014-15" statement contains an inconsistency with SAPAS's 990 EZ filed with the U.S. Internal Revenue Service and SAPAS's Charitable Organization Initial Registration & Annual Report Form filed with the Minnesota Attorney General. On the year-end statement under "Fundraising Events" within "Income," expenses for the June fundraising event are not subtracted from the income earned as required by the IRS and the Minnesota Attorney General.)

### **BOARD OF DIRECTORS, STAFF, & VOLUNTEERS**

During 2014-15 (see list below), 19 volunteers served as **SAPAS board members**. The board includes non-profit administrators, teachers, attorneys, a pastor, a business owner, a health care professional, a banker, a program analyst, a quality engineer, and an information technology professional. Eight are retired and several are senior caregivers.

The program employed three **staff** (2.18 FTE): one part-time program coordinator, one part-time service coordinator, and one part-time volunteer coordinator.

A pool of approximately 150 **volunteers** provides services to seniors and assists with administrative tasks.

The board members serving during 2014-15 were:

Anna Haubrich, Chair	Health Care Administrator
Mark Snyder, Vice Chair	Quality Engineer, Ret.
Ann Juergens, Secretary	Law Professor, Attorney
Mary Krick, Treasurer	Information Technology Professional
Bob Arndorfer	Program Analyst, Ret.
Terri Banaszewski	Banker
Mary Beck	Special Education Teacher, Ret.
William Beyer	Non-Profit Administrator, Ret.
Jay Beyer-Kropuenske	Consultant
Timothy Canfield	General Contractor
Katherine Eklund	Arts Administrator, Ret.; Musician
Terry Lipelt	Retailer, Ret.
Ellen Longfellow	Attorney
Kathy McIntosh	Program Manager

Gordon Murdock  
Judy Schumacher  
Mark Throntveit  
Victoria Wilgocki  
John Wright

University Administrator, Ret.  
Early Childhood Education Specialist  
Seminary Professor, Ret.  
Pastor  
Housing Officer, Ret.

During fiscal year 2014-15, 100% of SAPAS's board members made financial contributions to SAPAS in addition to providing 2,080 hours of volunteer leadership. Some board members volunteer additional hours, for example, driving Meals on Wheels routes and giving rides to health appointments.

The staff employed during 2014-15 were:

Mary Hayes	Program Coordinator*
Joan Blake	Service Coordinator
Katharine Tondra	Volunteer Coordinator*

\*In 2014-2015, Mary Hayes informed the board that it was time for her to retire. A hiring committee of six board members from a cross section of the entire board, at behest of the board chair, was formed in order to hire a new coordinator. They collaborated on writing and distributing the job posting and job description as well as reviewing the cover letters and resumes received in response. They chose and interviewed four highly qualified individuals. After this process, the board chose Katharine Tondra to lead SAPAS as the program coordinator. Mary Hayes then decided to remain with SAPAS as the volunteer coordinator. This role change reduced Mary's FTE as well as her scope of responsibility.

## **DONORS & COLLABORATORS**

During 2014-15, **SAPAS's principal funding** again came from a mix of government units (44%), individuals (20%), and foundations and corporations (29%).

Government support came from the Minnesota Living at Home/Block Nurse Program Network's U.S. Community Development Block Grant, the Metropolitan Area Agency on Aging, the Minnesota Department of Human Services, and Ramsey County.

Individuals donated in response to a fall annual appeal to SAPAS's service area residents and a spring "cost-sharing" invitation to SAPAS participants and their families.

Long-time funders, the Elmer L. & Eleanor J. Andersen Foundation and St. Anthony Park Community Foundation, were joined by the Allina Charitable Contributions Committee and the Otto Bremer Foundation that renewed their recent support, and an additional grant came from a new granting source: the Stevens Square Foundation.

To ensure efficiencies and to publicize services, **SAPAS collaborates widely**. This collaboration includes:

- participating in weekly neighborhood Senior Leisure Center lunches and activities,
- working with the St. Anthony Park Library as the site for the Senior Cinema Series,
- using the library and two other community sites for senior exercise classes each weekday,
- publicizing SAPAS services at the annual St. Anthony Park Arts Festival,
- coordinating with the local grocery, Speedy Market, on deliveries to neighborhood seniors,
- enabling local scout troops and high school students to assist seniors with leaf raking and snow shoveling,
- cooperating with the Lauderdale and Falcon Heights Lions' Club on fundraising and on publicizing services to seniors in those neighboring communities,
- making referrals to the Caregiver Support Group in cooperation with area churches,
- providing to Meals on Wheels trained drivers to deliver meals to seniors in SAPAS's area,

- partnering with Recover Health, a Medicare-certified home health agency that provides in-home services to all St. Paul block nurse programs, which enables uniform nursing to seniors active in these programs throughout the city,
- involving students as unpaid interns and using donated facilities at local institutions of higher learning, and
- participating in the state-wide Living At Home/Block Nurse Program network

#### Attachments

“St. Anthony Park Area Seniors (SAPAS) Program Statistics, July 1, 2008, to June 30, 2015”

“St. Anthony Park Area Seniors Profit and Loss 2014-15”

”St. Anthony Park Area Seniors Balance Sheet as of June 30, 2015”

**St. Anthony Park Area Seniors (SAPAS) Program Statistics**  
**July 1, 2008, to June 30, 2015**

<b>1 Service Recipient Totals</b>		7/1/14-6/30/15	2013-14	2012-13	2011-12	2010-11	2009-10	2008-09
1.1	Unduplicated seniors & caregivers	331	297	272	342	370	230	185
1.2	New unduplicated seniors & caregivers	138	127	100	156	187	57	75
1.3	Seniors served individually and in groups by volunteers	181	117	78	138	113	88	55
1.4	Seniors receiving service coordination from staff	226	174	220	167	185	154	136
1.5	Unduplicated caregivers served	21	19	23	32	21	28	27
1.6	Non-SAPAS seniors & caregivers served	77	40	65	58	75	N/A	N/A
1.7	Senior participants who died	10	10	15	23	N/A	N/A	N/A
1.8	Senior participants who moved from program area	5	12	9	4	N/A	N/A	N/A
<b>2 Nursing Activity</b>								
2.1	Number of unduplicated nursing participants	26	29	19	24	23	19	28
2.2	Home nursing care & therapy visits	388	251	190	159	239	288	387
2.3	Home nursing care & therapy hours	352	253	204	178	267	309	489
2.4	Home health aid & homemaker visits	125	236	258	335	281	408	304
2.5	Home health aid & homemaker hours	152	544	696	798	725	947	745
2.6	Blood pressure clinics	43	36	39	31	25	25	25
<b>3 Home Visits</b>								
3.1	Volunteer home visits	547	636	573	478	728	499	467
3.2	Staff home visits	71	125	172	163	117	97	200
<b>4 Exercise Program</b>								
4.1	Senior exercise classes	239	256	238	251	243	256	253
4.2	Unduplicated attendees	97	103	73	78	89	103	65
4.3	Average attendance	10.4	9.5	10.7	12.5	14.5	10.9	8.3
4.4	Senior exercise hours	2511	2436	2547	3150	3388	2787	2216
<b>5 Meals on Wheels Partnership (M-F delivery)</b>								
5.1	Approximate meals delivered (12 meals per day; none holidays)	3000	3000	3000	3000	3000	3000	3000
5.2	Regular & substitute drivers	48	43	40	38	41	42	52
5.3	Approximate meal recipients per day	12	12	12	12	12	12	12
<b>6 Health Transportation Assistance Program</b>								
6.1	Seniors receiving rides	60	70	56	59	63	47	37
6.2	Staff & volunteer hours per ride (average)	0.65	0.65	1.1	1.1	1.3	1.1	1.3
6.3	Drivers total (of which staff)	51(3)	57 (3)	47 (3)	59 (2)	53 (2)	56 (2)	50 (2)
6.4	Rides total (of which by staff)	1566(211)	1403 (176)	752 (178)	939 (107)	1009 (159)	774 (127)	512 (96)
6.5	Ride hours total (of which by staff)	1043(118)	918 (145)	834 (117)	1053 (124)	1315 (161)	908 (132)	673 (113)
<b>7 Senior Social Outings Program (begun 2009-10)</b>								
7.1	Total outings	11	25	14	27	17	6	
7.2	Average attendance	13	9.9	9.5	11.5	13.8	19.8	
<b>8 Senior Cinema Series (begun 2011-12)</b>								
8.1	Total number of movies	9	8	8	4			
8.2	Average attendance	15	7.6	16	11			
<b>9 Service Providers</b>								
9.1	Unduplicated individual volunteers	148	147	108	121	136	109	91
9.2	New volunteers in current year	17	60	21	20	38	20	40
9.3	Direct service volunteer hours	4196	2784	3110	2706	2366	1953	1434
9.4	Administrative & clerical volunteer hours	40	43	40	53	17	6	62
9.5	Leadership volunteer hours	2080	1718	1509	1403	901	1073	1072
9.6	Staff 3 (1 full-time, 2 part-time)	3	3	3	2	2	2	2
9.7	Staff hours	4368	4108	3640	3484	3484	3484	3068
9.8	Hours total per senior & caregiver (staff hours per sr & cg) *	32.3(13.2)	29.1 (13.8)	30.5 (13.4)	22.2 (10.2)	18.3 (9.4)	28.3 (15.2)	30.1 (16.6)

\*For example, in 2014-15, (4196+40+2080+4368) ÷ 331 = 32.3 total hours per participant and 4368 ÷ 331 = 13.2 staff hours per participant



	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T
1	<b>St. Anthony Park Area Seniors</b>																			
2	<b>Profit and Loss Budget vs. Actual</b>																			
3	<b>July 2014 through June 2015</b>																			
4																				
5						Jul '14	Aug '14	Sep '14	Oct '14	Nov '14	Dec '14	Jan '15	Feb '15	Mar '15	Apr '15	May '15	Jun '15	TOTAL		
6																		Jul '14 - Jun '15		Budget
7	<b>Income</b>																			
8						0	0	49	0	0	49	0	0	48	0	0	49	195		400
10	<b>Foundatn Grants &amp; Corp Contrib</b>																			
11						0	0	0	0	0	0	0	0	0	0	0	1,000	1,000		5,000
12						0	0	0	0	0	1,000	0	0	0	0	0	0	1,000		2,000
13						0	0	0	0	0	0	0	0	22,000	0	0	0	22,000		10,000
14						0	0	0	0	0	0	0	0	0	0	0	0	0		0
15						0	0	0	0	0	0	0	0	0	0	0	0	0		500
16						3,500	0	0	0	0	0	0	0	0	0	5,000	0	8,500		7,000
17						0	0	0	10,000	0	0	0	0	0	0	0	0	10,000		10,000
18						0	0	0	0	0	0	0	0	0	0	0	0	0		250
19						<b>3,500</b>	<b>0</b>	<b>0</b>	<b>10,000</b>	<b>0</b>	<b>1,000</b>	<b>0</b>	<b>0</b>	<b>22,000</b>	<b>0</b>	<b>5,000</b>	<b>1,000</b>	<b>42,500</b>		<b>34,750</b>
21						300	0	0	0	0	0	0	0	0	0	5	0	305		
23	<b>Donations</b>																			
24	<b>Businesses/Churches</b>																			
25						0	0	0	0	0	0	185	0	0	0	0	0	185		
26						0	0	0	0	0	250	50	100	0	200	0	0	600		
27						0	0	300	450	250	150	0	0	0	0	0	0	1,150		
28						0	0	300	450	250	400	235	100	0	200	0	0	1,935		
29	<b>Individuals</b>																			
30						0	0	0	0	0	2,404	300	1,825	0	50	480	5,059			
31						155	100	0	0	0	0	0	0	1,961	265	125	2,606			
32						190	0	38	0	561	778	1,374	0	38	19	19	3,131			
33						5	5	5	5	33	18	18	18	18	18	33	194			
34						0	300	450	7,955	2,025	5,354	0	0	0	0	0	16,084			
35						350	405	493	7,960	2,619	6,150	3,796	318	1,881	1,998	367	737	27,074		
36						0	0	0	0	0	0	0	0	0	0	0	0	0		28,000
37						<b>350</b>	<b>405</b>	<b>793</b>	<b>8,410</b>	<b>2,869</b>	<b>6,550</b>	<b>4,031</b>	<b>418</b>	<b>1,881</b>	<b>2,198</b>	<b>367</b>	<b>737</b>	<b>29,009</b>		<b>28,000</b>
39	<b>Fundraising Events</b>																			
40						0	0	0	0	0	0	0	0	0	0	0	483	483		
41						0	0	0	0	0	0	0	0	0	0	2,594	2,594			
42						0	0	0	0	0	0	0	0	0	0	8,419	8,419			
43						<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>11,496</b>	<b>11,496</b>			
45	<b>Living at Home Network</b>																			
46						0	0	0	0	0	0	0	6,917	0	0	0	6,917		6,917	
47						0	0	5,625	5,625	0	0	0	5,625	0	0	0	16,875		11,000	
48						0	0	4,176	0	0	0	0	2,718	0	0	4,174	11,068		3,960	
49						0	7,500	0	7,500	0	0	7,500	0	7,500	0	7,500	30,000		30,000	
50						<b>0</b>	<b>7,500</b>	<b>9,801</b>	<b>13,125</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>7,500</b>	<b>15,260</b>	<b>0</b>	<b>7,500</b>	<b>4,174</b>	<b>64,860</b>		<b>51,877</b>
52						<b>4,150</b>	<b>7,905</b>	<b>10,643</b>	<b>31,535</b>	<b>2,869</b>	<b>7,599</b>	<b>4,031</b>	<b>7,918</b>	<b>39,189</b>	<b>2,198</b>	<b>12,872</b>	<b>17,456</b>	<b>148,365</b>		<b>115,027</b>
56	<b>Expense</b>																			
58	<b>Administrative Expense</b>																			
59						0	0	25	0	0	0	0	0	0	0	0	0	25		25
60						0	0	0	0	0	0	0	0	0	0	0	0	0		100
61						1	1	1	1	1	1	1	1	1	1	1	11	25		
62						53	0	256	0	0	72	51	0	0	75	0	507	400		
63						546	0	0	0	1,040	0	0	0	520	0	546	2,652	2,100		
64						0	0	398	293	0	0	0	0	0	0	0	691	100		
65						<b>600</b>	<b>1</b>	<b>680</b>	<b>294</b>	<b>1,041</b>	<b>73</b>	<b>51</b>	<b>1</b>	<b>521</b>	<b>76</b>	<b>1</b>	<b>547</b>	<b>3,886</b>		<b>2,750</b>
67	<b>Board &amp; Volunteer Exp</b>																			
68						121	188	0	0	0	0	0	378	0	0	401	1,088	400		
69						0	0	0	0	25	0	63	0	0	249	0	337	500		
70						<b>121</b>	<b>188</b>	<b>0</b>	<b>0</b>	<b>25</b>	<b>0</b>	<b>63</b>	<b>378</b>	<b>0</b>	<b>249</b>	<b>401</b>	<b>1,425</b>	<b>900</b>		
72	<b>Client/Caregiver</b>																			
73						0	0	0	0	12	0	0	0	23	0	0	35	150		
74						0	28	15	79	145	0	0	100	10	116	0	493	700		
75						0	-80	0	0	0	0	0	0	0	0	-320	-400	-300		
76						97	6	0	67	0	0	0	0	0	0	140	310	300		
77						<b>97</b>	<b>-46</b>	<b>15</b>	<b>146</b>	<b>157</b>	<b>0</b>	<b>0</b>	<b>100</b>	<b>33</b>	<b>116</b>	<b>-180</b>	<b>438</b>	<b>850</b>		
79	<b>Communications</b>																			
80						0	0	200	0	0	0	0	0	0	0	0	200	300		
81						0	0	0	150	0	0	109	0	0	0	0	259	315		
82						220	222	221	224	222	133	217	227	221	222	222	2,572	2,000		
83						0	0	0	194	0	0	0	0	0	0	0	194	25		
84						0	120	0	0	0	88	0	0	0	0	0	208	184		
85						<b>220</b>	<b>342</b>	<b>421</b>	<b>565</b>	<b>224</b>	<b>222</b>	<b>330</b>	<b>217</b>	<b>227</b>	<b>221</b>	<b>222</b>	<b>3,433</b>	<b>2,824</b>		
87	<b>Facilities</b>																			
88						0	0	0	0	0	0	0	0	0	0	0	0	50		
89						0	0	0	0	0	0	0	0	0	0	0	0	0		
90						0	1,240	0	0	0	1,240	0	0	0	0	0	2,480	2,554		
91						<b>0</b>	<b>1,240</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1,240</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>2,480</b>	<b>2,604</b>		

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T
1	<b>St. Anthony Park Area Seniors</b>																			
2	<b>Profit and Loss Budget vs. Actual</b>																			
3	<b>July 2014 through June 2015</b>																			
4																				
5						Jul '14	Aug '14	Sep '14	Oct '14	Nov '14	Dec '14	Jan '15	Feb '15	Mar '15	Apr '15	May '15	Jun '15	TOTAL		
																		Jul '14 - Jun '15	Budget	
93	<b>Fundraising Expenses</b>																			
94	Annual Appeal																			
95						0	0	0	2,223	0	0	0	0	0	0	0	0	2,223		3,020
96						49	0	445	178	0	0	49	0	0	49	0	0	770		678
97						49	0	445	2,401	0	0	49	0	0	49	0	0	2,993		3,698
98	<b>Fundraising Events Exp</b>																			
99						0	0	0	0	0	0	0	0	0	0	0	4,660	4,660		
100						0	0	0	0	0	0	0	0	0	0	122	122	244		
101						0	0	0	0	0	0	0	0	0	0	122	4,782	4,904		
102						49	0	445	2,401	0	0	49	0	0	49	122	4,782	7,897		3,698
103	<b>Information Technology</b>																			
104	Hardware																			
105						0	0	0	0	0	0	80	0	0	0	0	80		1,000	
106						290	0	0	0	0	0	0	0	0	0	0	200	490		500
107						290	0	0	0	0	0	80	0	0	0	0	200	570		1,500
108	<b>Insurance</b>																			
109	Program Liability																			
110						0	0	0	0	995	0	0	0	0	0	0	0	995		808
111						0	0	0	0	1,006	0	0	0	0	0	0	0	1,006		1,026
112						0	0	0	0	2,001	0	0	0	0	0	0	0	2,001		1,834
113	<b>Mileage</b>																			
114						0	46	0	27	0	53	44	0	0	0	32	0	202		500
115	<b>Office Supplies</b>																			
116						37	20	103	25	0	30	88	275	57	8	111	0	754		1,000
117	<b>Postage</b>																			
118	Administrative Postage																			
119						49	196	0	40	0	9	53	0	0	0	0	0	347		400
120						49	0	0	0	0	49	0	0	0	49	0	0	147		100
121						0	0	0	0	98	0	0	0	0	49	0	0	147		300
122						98	196	0	40	98	58	53	0	0	98	0	0	641		800
123	<b>PR Expenses</b>																			
124	PR New Initiatives																			
125						0	0	0	0	0	0	0	0	0	281	0	0	281		1,400
126						0	0	0	120	0	0	135	0	0	0	0	0	255		250
127						0	266	317	67	67	237	126	126	69	592	61	61	1,989		2,250
128						0	266	317	187	67	237	126	261	69	592	342	61	2,525		3,900
129	<b>Strategic Planning</b>																			
130	Caregiver Planning																			
131						0	0	0	0	0	0	0	0	0	0	0	0	0		0
132						0	0	0	0	0	0	0	0	0	0	0	0	0		0
133						0	0	0	0	0	0	0	0	0	0	0	0	0		0
134	<b>Contracts for Service</b>																			
135	Needs Assessment																			
136						0	5,000	0	0	0	0	15,000	0	0	0	0	0	20,000		20,000
137						0	0	0	0	0	0	0	0	0	0	0	0	0		1,000
138						0	0	0	0	135	0	0	0	0	0	0	650	785		1,500
139						0	0	0	0	0	0	0	0	0	0	0	0	0		300
140						0	5,000	0	0	135	0	15,000	0	0	0	0	650	20,785		22,800
141	<b>Payroll Expenses</b>																			
142	Federal UI																			
143						0	0	0	0	0	0	41	39	24	21	0	0	125		
144						0	38	0	0	118	0	0	34	13	14	14	13	244		
145						38	38	38	38	38	38	38	124	99	99	103	790			
146						0	0	0	0	0	540	0	0	141	0	0	0	681		
147						474	490	508	544	559	462	576	1,100	492	550	551	506	6,812		
148						6,278	6,582	6,326	6,956	7,247	6,766	7,170	8,435	6,435	7,192	6,760	6,952	83,099		87,512
149						6,790	7,148	6,872	7,538	7,962	7,806	7,784	9,734	7,219	7,879	7,445	7,574	91,751		87,512
150	<b>Total Expense</b>																			
151						8,302	14,401	8,853	11,223	11,685	8,504	24,765	10,631	8,571	8,956	8,640	14,257	138,788		133,472
152	<b>Net Income</b>																			
153						-4,152	-6,496	1,790	20,312	-8,816	-905	-20,734	-2,713	30,618	-6,758	4,232	3,199	9,577		-18,445

St. Anthony Park Area Seniors														
Profit and Loss Budget vs. Actual														
July 2014 through June 2015														
	Jul '14	Aug '14	Sep '14	Oct '14	Nov '14	Dec '14	Jan '15	Feb '15	Mar '15	Apr '15	May '15	Jun '15	TOTAL Jul '14 - Jun '15	Budget
<b>Income</b>														
CD Interest	0	0	49	0	0	49	0	0	48	0	0	49	195	400
Foundatn Grants & Corp Cd	3,500	0	0	10,000	0	1,000	0	0	22,000	0	5,000	1,000	42,500	34,750
Miscellaneous Income	300	0	0	0	0	0	0	0	0	0	5	0	305	
Donations	350	405	793	8,410	2,869	6,550	4,031	418	1,881	2,198	367	737	29,009	28,000
Fundraising Events	0	0	0	0	0	0	0	0	0	0	0	11,495	11,495	
Living at Home Network	0	7,500	9,801	13,125	0	0	0	7,500	15,260	0	7,500	4,174	64,860	51,877
<b>Total Income</b>	<b>4,150</b>	<b>7,905</b>	<b>10,643</b>	<b>31,535</b>	<b>2,869</b>	<b>7,599</b>	<b>4,031</b>	<b>7,918</b>	<b>39,189</b>	<b>2,198</b>	<b>12,872</b>	<b>17,455</b>	<b>148,364</b>	<b>115,027</b>
<b>Expense</b>														
Administrative Expense	599	1	680	294	1,041	73	51	1	521	76	1	547	3,885	2,750
Board & Volunteer Exp	121	188	0	0	0	25	0	63	378	0	249	401	1,425	900
Client/Caregiver	97	-46	15	146	157	0	0	0	100	33	116	-180	438	850
Communications	220	342	421	565	224	222	330	217	227	221	222	222	3,433	2,824
Facilities	0	1,240	0	0	0	0	1,240	0	0	0	0	0	2,480	2,604
Fundraising Expenses	49	0	445	2,401	0	0	49	0	0	49	122	4,782	7,897	3,698
Information Technology	290	0	0	0	0	0	0	80	0	0	0	200	570	1,500
Insurance	0	0	0	0	2,001	0	0	0	0	0	0	0	2,001	1,834
Mileage	0	46	0	27	0	53	44	0	0	0	32	0	202	500
Office Supplies	37	20	103	25	0	30	88	275	57	8	111	0	754	1,000
Postage	98	196	0	40	98	58	53	0	0	98	0	0	641	800
PR Expenses	0	266	317	187	67	237	126	261	69	592	342	61	2,525	3,900
Strategic Planning	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Contracts for Service	0	5,000	0	0	135	0	15,000	0	0	0	0	650	20,785	22,800
Payroll Expenses	6,790	7,148	6,872	7,538	7,962	7,806	7,784	9,733	7,218	7,880	7,446	7,575	91,752	87,512
<b>Total Expense</b>	<b>8,301</b>	<b>14,401</b>	<b>8,853</b>	<b>11,223</b>	<b>11,685</b>	<b>8,504</b>	<b>24,765</b>	<b>10,630</b>	<b>8,570</b>	<b>8,957</b>	<b>8,641</b>	<b>14,258</b>	<b>138,788</b>	<b>133,472</b>
<b>Net Income</b>	<b>-4,151</b>	<b>-6,496</b>	<b>1,790</b>	<b>20,312</b>	<b>-8,816</b>	<b>-905</b>	<b>-20,734</b>	<b>-2,712</b>	<b>30,619</b>	<b>-6,759</b>	<b>4,231</b>	<b>3,197</b>	<b>9,576</b>	<b>-18,445</b>
<b>St. Anthony Park Area Seniors</b>														
<b>Balance Sheet Budget vs. Actual</b>														
<b>As of June 30, 2015</b>														
	Jul 31, '14	Aug 31, '14	Sep 30, '14	Oct 31, '14	Nov 30, '14	Dec 31, '14	Jan 31, '15	Feb 28, '15	Mar 31, '15	Apr 30, '15	May 31, '15	Jun 30, '15		
<b>ASSETS</b>														
<b>Current Assets</b>														
<b>Checking/Savings</b>														
FR Checking 39657 (checki	0	0	0	0	0	0	0	0	0	500	500	5,082		
CD 22912 (6 month CD)	50,000	50,000	50,018	50,018	50,018	50,036	50,036	50,036	50,054	50,054	50,054	50,072		
CD 22911 (12 month CD)	50,000	50,000	50,031	50,031	50,031	50,061	50,061	50,061	50,092	50,092	50,092	50,122		
Checking 81100	58,103	51,608	53,349	73,661	64,845	63,891	43,158	40,447	71,017	63,757	67,990	66,556		
<b>Total Checking/Savings</b>	<b>158,103</b>	<b>151,608</b>	<b>153,398</b>	<b>173,710</b>	<b>164,894</b>	<b>163,988</b>	<b>143,255</b>	<b>140,544</b>	<b>171,163</b>	<b>164,403</b>	<b>168,636</b>	<b>171,832</b>		
<b>Total Current Assets</b>	<b>158,103</b>	<b>151,608</b>	<b>153,398</b>	<b>173,710</b>	<b>164,894</b>	<b>163,988</b>	<b>143,255</b>	<b>140,544</b>	<b>171,163</b>	<b>164,403</b>	<b>168,636</b>	<b>171,832</b>		
<b>TOTAL ASSETS</b>	<b>158,103</b>	<b>151,608</b>	<b>153,398</b>	<b>173,710</b>	<b>164,894</b>	<b>163,988</b>	<b>143,255</b>	<b>140,544</b>	<b>171,163</b>	<b>164,403</b>	<b>168,636</b>	<b>171,832</b>		
<b>LIABILITIES &amp; EQUITY</b>														
<b>Total Liabilities</b>														
Total Liabilities	0	0	0	0	0	0	0	0	0	0	0	0		
<b>Total Equity</b>														
Total Equity	158,104	151,608	153,398	173,710	164,895	163,989	143,256	140,545	171,163	164,403	168,636	171,834		
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b>158,104</b>	<b>151,608</b>	<b>153,398</b>	<b>173,710</b>	<b>164,895</b>	<b>163,989</b>	<b>143,256</b>	<b>140,545</b>	<b>171,163</b>	<b>164,403</b>	<b>168,636</b>	<b>171,834</b>		