



## 2016-17 **ANNUAL REPORT**

the SAPAS FISCAL YEAR RUNS FROM JULY 1, TO JUNE 30

# MISSION



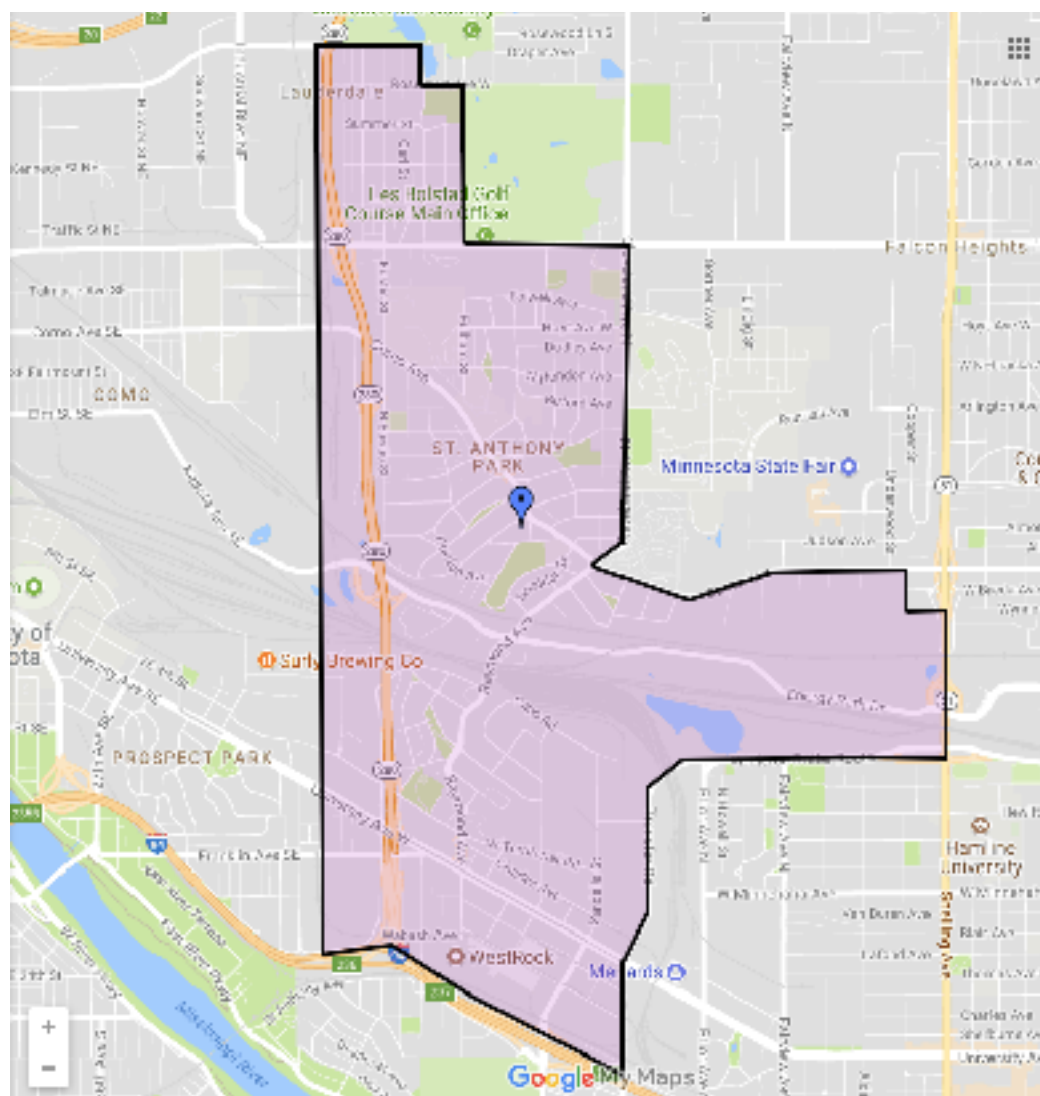
The mission of Saint Anthony Park Area Seniors (SAPAS) is to enable seniors residing in the St. Paul neighborhood of St. Anthony Park, Lauderdale and Falcon Heights west of Cleveland Ave., to live healthy, satisfying lives in their homes for as long as they desire and for as long as it is safe for them to do so. SAPAS accomplishes this by providing assistance to the seniors themselves as well as to their caregivers and families.

Begun in 1981 as the “St. Anthony Park Block Nurse Program,” the first block nurse program in the U.S., SAPAS has always been guided by a volunteer board drawn from our immediate neighborhoods and supported by a small, dedicated staff and a large group of neighborhood volunteers. In 2011, the board changed the name from “St. Anthony Park Block Nurse Program” to “Saint Anthony Park Area Seniors” to better reflect our geographic reach and participants’ needs.

Our program has served over 4,000 participants since 1981 while collaborating with local and city-wide organizations to use private and community resources to provide a far-reaching model of efficient, cost-effective, home-based, neighbor-to-neighbor senior assistance.

# GEOGRAPHIC AREA SERVED BY SAPAS IN 2016-17

During 2016-17, the Living at Home Network adjusted and solidified St. Anthony Park Area Seniors service area boundaries for Falcon Heights to include only the area west of Cleveland Avenue. In 2016-17 SAPAS provided services to 38 households in Falcon Heights west of Cleveland Ave, 35 households in Lauderdale, and 143 households in the St. Paul neighborhood of St. Anthony Park. (The SAPAS office location is indicated by the blue map pin.)





# Direct Services

SAPAS provides the following four core services to all senior citizens residing in the SAPAS neighborhoods:

## WELLNESS

**Exercise:** SAPAS provides daily weekday exercise classes for seniors following the Arthritis Foundation's protocol at the St. Anthony Park Library (Tuesdays and Fridays) at the Centennial United Methodist Church (Wednesdays), and at the Lauderdale City Hall (Mondays and Thursdays). **During 2016-17 SAPAS held 222 exercise classes for seniors.**



**Social Activities:** SAPAS provides transportation to a weekly luncheon and exercise program in partnership with the Senior Leisure Center. **During 2016-17 approximately 35 seniors attended Senior Leisure Center each week.**

SAPAS arranges special activities and outings for participants such as trips to flower shows at the Como Park conservatory, board game sessions, and meals at local churches and restaurants. **During 2016-17 SAPAS arranged 9 outings for seniors.**

Our Senior Cinema Series offers major motion

pictures in an intimate setting where seniors can socialize before and after viewing. The cinema series both enhances seniors' social interaction and the community's awareness of SAPAS' services. Seniors from outside the SAPAS service area often attend the cinema series. **During 2016-17, 12 movies were screened with an average attendance of 16.**

SAPAS provides blood pressure checks by volunteer nursing professionals in partnership with the Senior Leisure Center., the St. Anthony Park library and Seal Hi-Rise. SAPAS also offers blood pressure checks at public events such as the St. Anthony Park Art Fair. SAPAS staff make visits to seniors' homes to assess needs and plan services or to see if needs have changed. SAPAS volunteer visits most often provide companionship to seniors or respite for caregivers. Volunteers are trained to alert SAPAS staff if additional assistance appears to be needed. **During 2016-17 SAPAS arranged 314 volunteer home visits and 45 home visits were made by SAPAS staff.**

### **Nutrition**

A St. Anthony Park Area Seniors volunteer who is a licensed dietitian provides submission for the monthly newsletter and has presented nutrition information to the Senior Leisure Center.

## **AT-HOME LIVING ASSISTANCE**



### **Transportation:**

SAPAS offers seniors rides to health-related appointments and, if requested, support during the appointments with framing questions, remembering answers, and providing reassurance. SAPAS provides transportation for seniors to and from SAPAS-sponsored events and activities. **During 2016-17 SAPAS volunteers and staff provided 1,317 rides.**

SAPAS recruits, trains, and schedules drivers for the Meals on Wheels District 12 route in our service area. **The 51 SAPAS**



**drivers delivered approximately 2,300 meals throughout 2016-17.** St. Anthony Park Area Seniors also registers seniors for deliveries by local grocer Speedy Market.

### **Chores:**

SAPAS coordinates volunteer assistance with tasks that seniors typically cannot provide for themselves. **Direct volunteer participation during 2016-167 totaled 283 hours for seniors in the program including: leaf raking, computer and paperwork help, window washing, recycling, prescription pick up, shopping assistance, dog walking, grab bar installations, and other similar chores.**



## **NURSING**

Since 2011, SAPAS has partnered with Recover Health, which provides licensed, Medicare-approved home health services in the Twin Cities. As health care delivery, insurance, and liability have grown more complex, working with Recover Health has improved the capacity of SAPAS and the other St. Paul living-at-home/block nurse programs to meet participants' skilled nursing needs. The neighborhood block nurse programs and Recover Health meet together regularly to ensure uniform, quality service across the city.



During 2016-17, St. Anthony Park Area Seniors began offering foot care directly to clients through an independent contracting registered nurse. At the end of the fiscal year, St. Anthony Park Area Seniors had 16 foot care clients.

## CAREGIVER SUPPORT

SAPAS staff and volunteers provide assistance and essential services for caregivers including problem-solving, assisting in access to resources, providing in-home respite so a live-in caregiver can leave for a time, arranging volunteer visiting in place of a non-resident caregiver, or helping them join a caregiver support group. A Caregiver Grant from the Metropolitan Area Agency on Aging supports SAPAS' aid to caregivers for seniors with cognitive or physical limitations.



SAPAS staff regularly assist participants and caregivers facing end of life issues by providing comfort, guidance on assisted living and hospice options, or referrals for grief support. In addition, SAPAS is a supporter of the Caregiver Support Group and the Bereavement Support Group, both of which are hosted by the St. Anthony Park United Church of Christ and sponsored by SAPAS and seven area churches.



## 2016-17 SAPAS Staff



Katharine Tondra  
Program Coordinator

The Program Coordinator position was held by Katharine Tondra. As program coordinator, Katharine's responsibilities are to increase the awareness of the program and the number of participants, attend to the needs of clients, manage office administrative duties, direct program activities and events, assist with foundation requests, represent SAPAS in the community, and supervise the office staff. ***"I appreciate the variety in my job as well as the flexibility that it offers. It's rewarding to help seniors and their caregivers maintain their independence."*** (Katharine Tondra)

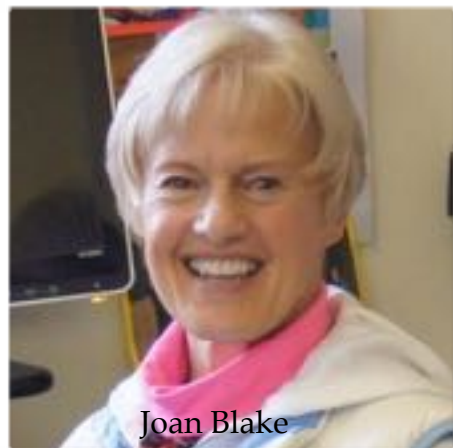


Mary Hayes  
Volunteer Coordinator

The Volunteer Coordinator position was held by Mary Hayes. This position is responsible for recruitment, training, placement, supervision and recognition of SAPAS volunteers, leading exercise classes and helping caregivers to access community resources. ***"I love working with people, and connecting just the right volunteer to help with a senior or caregiver who needs that certain assistance. I learned a lot about senior and caregiver needs when I cared for my own mother in her last years and am glad to be able to share what I learned with others who are now experiencing a similar situation. It seems as if all that I have done in my life has prepared me for this position."*** (Mary Hayes)



## STRATEGIC PLANNING 2016-17



Joan Blake  
Service Coordinator

The Service Coordinator position was held by Joan Blake until her retirement on April 12, 2017. Joan's 17 years of experience working with the elderly make her a perfect fit for the job. Her position as the Service Coordinator involves scheduling of ride requests and Meals on Wheels drivers, leading exercise classes and helping to provide senior outings. Joan also oversees all data entry so that statistics are available for reports and grant proposals. ***"I always look forward to helping seniors stay active by conducting exercise sessions and helping to provide social outings."*** (Joan Blake)



Alisa Jesse  
Service Coordinator

Alisa became the Service Coordinator in April 2017 after Joan Blake retired. She brings many years of experience working in social services, assisting adults with disabilities and in economic assistance with Hennepin County. Before joining the office staff, Alisa was a volunteer, delivering Meals on Wheels and providing rides to St. Anthony Park Area Seniors events. ***"I have enjoyed transitioning from being a volunteer with St. Anthony Park Area Seniors to becoming the Service Coordinator. It is a delight to work with seniors and our committed volunteers."*** (Alisa Jesse)

Based on what we learned from the 2014 Needs Assessment of people in the SAPAS service area produced by Wilder Research, the board of directors voted to explore the report's recommendation to add a living-at-home, fee-for-service component into the SAPAS program. The strategic planning committee engaged the services of Wilder to proceed with a feasibility study to determine if SAPAS may be able to offer a fee-for-service at-home living assistance program to seniors in our service area.

In accordance with the expectations of our government granting organizations we have implemented a formal process to evaluate our programs and services. During 2016 the Strategic Planning Committee set a goal for evaluation of one program or service currently offered by SAPAS each year. The focus of these evaluations is to determine why some SAPAS programs are more successful than others and to determine what improvements can and should be made based on participant responses. One program evaluation will be conducted per year. The SAPAS program coordinator and staff will suggest one or more programs or services to evaluate and Strategic Planning will decide which to evaluate. SAPAS develops the survey instruments and SAPAS staff and/or Board members conduct the surveys. This year we focused on our social connectedness activities and found that participants are pleased with activities that we offer. They also had some suggestions for future activities. While our goal is to do one thorough evaluation each year, we may choose to do more than one if we need to evaluate a program. The SAPAS staff also continuously monitors and evaluates nursing care provided by Recover Health by contacting the program's new nursing clients directly.

SAPAS Strategic Planning continues to have individual Committee/Board members monitoring issues with Transportation, Walkability, and Housing issues in our service area in accordance with what the organization learned from the 2014 Needs Assessment.

## FUNDRAISING 2016-17

During 2016-17 SAPAS staff and board concentrated fundraising efforts in three areas: soliciting grants from businesses, churches and public and private foundations, appealing for cost sharing donations from seniors and their caregivers who use the services that SAPAS offers, and soliciting donations from individuals and businesses in our service area.

During 2016-17, grants were received from the Anderson Foundation in the amount of \$1,000, Hubbard Broadcasting Foundation in the amount of \$500, the St. Anthony Park Foundation in the amount of \$3,000, Stevens Square in the amount of \$12,000, WCA Foundation in the amount of \$8,000, Lauderdale/Falcon Heights Lions Club in the amount of \$830, Thrivent Choice in the amount of \$300, Hardenbergh Foundation in the amount of \$5,000, WELCA from St. Anthony Park Lutheran Church in the amount of \$300 and Sunrise Bank in the amount of \$500. Grants from the Minnesota Department of Human Services, Ramsey County, the Metropolitan Area Agency on Aging and Community Development Block Grants totaled \$55,961.

During 2016-17, a total of \$1,920 was donated by local businesses and churches. The fall annual appeal and biannual cost sharing appeal letters resulted in \$5,926 in cost-sharing contributions and \$24,128 in individual donations.

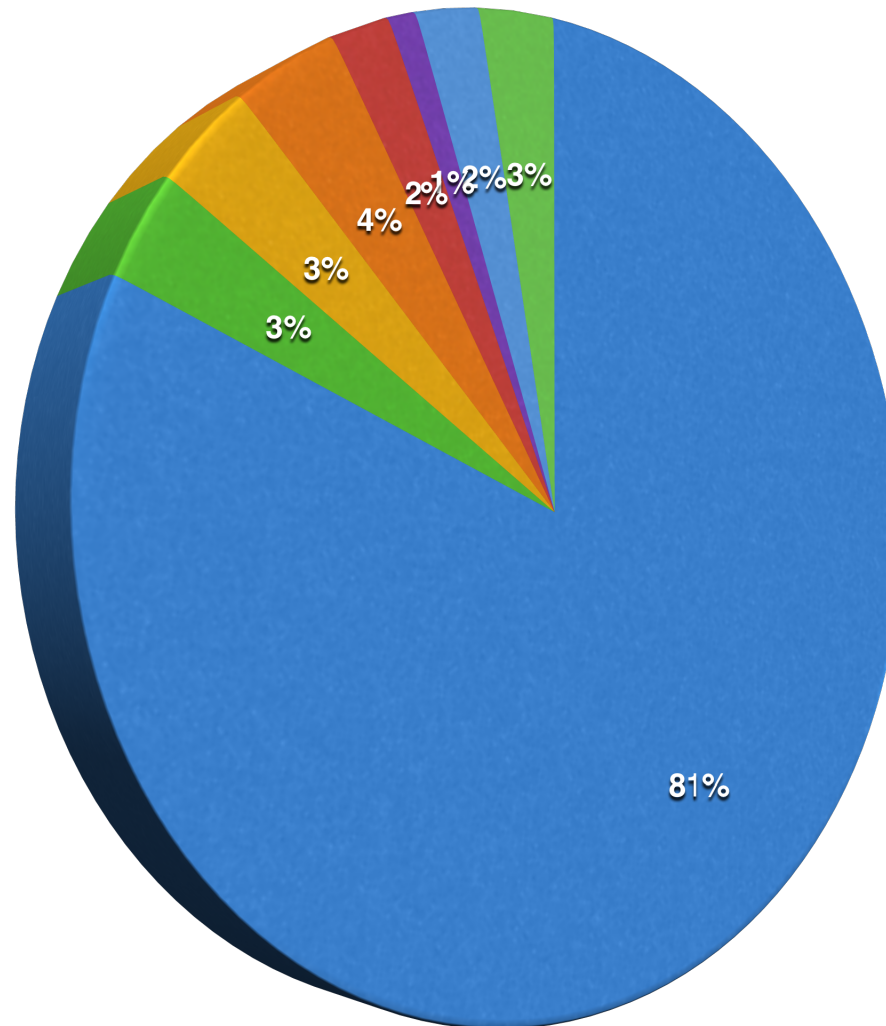


*Thank You Funders !*



# FINANCE 2016-17

## Expenses

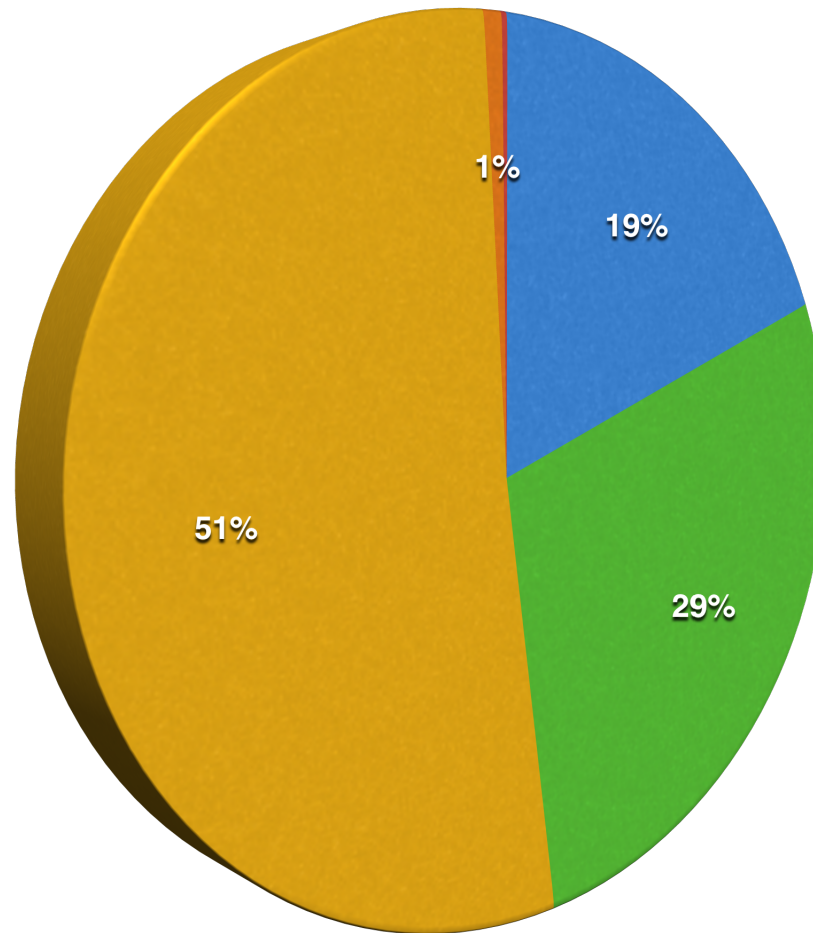


● Payroll \$103,747  
● Facilities and Insurance, \$4,814  
● Administration, \$3,074

● Communications and PR \$4,204  
● Fundraising, \$2,735  
● Strategic Planning, \$3,740

● Postage, Office Supplies, Mileage, Equipment, I.T., \$4,390  
● Board, Client, Caregiver and Volunteer Expenses, \$1,321

## Income



● Foundations. Grants & Corp. Contrib., \$31,430    ● Donations and Cost Sharing Contrib., \$31,988    ● Govt. Grants, \$55,961  
● Fee for service, \$823    ● CD Interest, \$243

See full budget report in attachments

## PUBLIC RELATIONS 2016-17

On June 15th we held our first Sweet Celebration, an afternoon of cool treats, cookies and beverages. We were delighted to have many participants, volunteers and neighbors join us for a relaxing afternoon visiting and enjoying treats in the shade. We celebrated our volunteers with gift card drawings donated from local retailers: All Seasons Cleaners, Bibelot Shop, Sunrise Banks, and Tim & Tom's Speedy Market.

Also during 2016-17, the Public Relations Committee created an accessible version of the St. Anthony Park Area Seniors video by adding a version with subtitles to the website.





## VOLUNTEERS

A pool of 118 volunteers provided services to seniors in the SAPAS program during 2016-17.

Dedicated St. Anthony Park Area Seniors volunteers provided transportation, Meals on Wheels deliveries, home visits, caregiver respite, administrative and clerical help and assistance with field trips, luncheons and game day gatherings. **During 2016-17, volunteers provided 2,395 hours of service to SAPAS seniors and their caregivers.** And it's not just young people who make up SAPAS volunteers, during 2016-17, 60 of our volunteers were between 60 and 80 years old!



*Thank You Volunteers !*

## MILESTONES

- ✱ St. Anthony Park Area Seniors applied to the Charities Review Council in December 2016 to see if the organization qualified for the “Meets All Standards” seal again for the past three-year period. On January 6, 2017, St. Anthony Park Area Seniors received the letter expressing congratulations on meeting Charities Review Council’s 25 accountability standards. The standards signify the strength of the organization and reflect adherence to legal and regulatory standards, donor and public expectations, as well as the shared expectations of the nonprofit sector.
- ✱ As part of the contract with the State of Minnesota, St. Anthony Park Area Seniors was required to enroll as a provider of waived services. In June of 2017, after a lengthy and difficult enrollment process, St. Anthony Park Area Seniors became an approved provider of chore services for those on elderly or alternative care waivers.
- ✱ After months of construction at Centennial United Methodist Church where St. Anthony Park Area Seniors rents space, the SAPAS staff moved into a newly remodeled office within the church. It is long and narrow, but spacious compared to our previous office, with two windows and lots of bookshelves. The staff is enjoying the new and improved space and layout.

## BOARD OF DIRECTORS

The SAPAS Board of Directors was composed of residents who live or work in the SAPAS service area and who serve on the Board for a term of three or more years. Regular meetings of the Board are held at least six times a year in locations set by the Board Chair and SAPAS staff.

### **The board members serving during 2016-17 were:**

Marge Avoles, Chair	Physician Services Manager, Ret.
Ann Juergens, Vice Chair	Law Professor, Attorney
Dave Christianson, Treasurer	Financial Services Executive, Ret.
Katherine Eklund, Secretary	Arts Administrator, Ret.; Musician
Terri Banaszewski	Banker
Jay Beyer-Kropuenske	Consultant
Steven Bishop	Business Consultant
Timothy Canfield	General Contractor
Tom Countryman	Attorney, Ret.
Gordon Murdock	University Administrator, Ret.
Mark Throntveit	Seminary Professor
Victoria Wilgocki	Pastor
Carl Willis	Human Resources Exec., Ret.
John Wright	Housing Officer, Ret.

**During fiscal year 2016-17, 100 percent of the SAPAS Board members made financial contributions to SAPAS in addition to providing 911.25 hours of volunteer leadership.** Some Board members also volunteered additional hours, for example, driving Meals on Wheels routes and giving rides to health appointments and SAPAS activities and events.





Como Conservatory outing, May 25, 2017

	A	B	C	D	E	F	H	J	L	N	P	R	T	V	X	Z	AB	AD	AE
1	St. Anthony Park Area Seniors																		
2	Profit and Loss Budget vs. Actual																		07/06/17
3	July 2016 through June 2017																		
4																		TOTAL	
5						Jul '16	Aug '16	Sep '16	Oct '16	Nov '16	Dec '16	Jan '17	Feb '17	Mar '17	Apr '17	May '17	Jun '17	7/16-6/17	Budget
6	Income																		
7					Fee for Service														
8					Foot Care	0	0	0	0	0	105	105	158	35	140	105	175	823	
9					Total Fee for Service	0	0	0	0	0	105	105	158	35	140	105	175	823	
10					CD Interest	0	0	107	0	0	45	0	0	45	0	0	46	243	200
11					Foundatn Grants & Corp Contrib														
12					WCA Foundation	0	0	0	0	0	0	0	0	0	0	8,000	0	8,000	
13					Thrivent Choice	0	0	0	0	0	0	0	0	0	300	0	0	300	
14					Hardenbergh Foundation	0	0	0	0	0	5,000	0	0	0	0	0	0	5,000	
15					New grant requests	0	0	0	0	0	0	0	0	0	0	0	0	0	15,000
16					Lions Club-Lauderdale/Falcon Ht	300	0	0	0	0	0	530	0	0	0	0	0	830	
17					Allina	0	0	0	0	0	0	0	0	0	0	0	0	0	3,500
18					Andersen Foundation	0	0	0	0	0	1,000	0	0	0	0	0	0	1,000	1,000
19					Bremer	0	0	0	0	0	0	0	0	0	0	0	0	0	20,000
20					Handi Medical	0	0	0	0	0	0	0	0	0	0	0	0	0	0
21					Hubbard	0	0	0	0	0	0	0	0	0	500	0	0	500	500
22					SAP Community Foundation	0	0	0	0	0	0	0	0	0	0	3,000	0	3,000	5,000
23					Stevens Square	0	0	0	12,000	0	0	0	0	0	0	0	0	12,000	12,500
24					Sunrise Bank	0	0	0	0	0	0	0	0	0	0	0	500	500	1,000
25					WELCA SAP Luthern Church	0	0	0	0	300	0	0	0	0	0	0	0	300	
26					Total Foundatn Grants & Corp Contrib	300	0	0	12,000	300	6,000	530	0	0	800	11,000	500	31,430	58,500
27					Donations														
28					Businesses/Churches														
29					Ck Business	0	0	0	520	100	200	0	0	0	0	0	0	820	1,000
30					Matching Donations	0	0	0	0	0	0	0	50	0	50	1,000	0	1,100	500
31					Total Businesses/Churches	0	0	0	520	100	200	0	50	0	50	1,000	0	1,920	1,500
32					Individuals														
33					Ck Personal	75	0	200	5,130	4,580	6,864	3,085	50	350	1,200	0	0	21,534	20,000
34					Cost Sharing	100	1,511	750	400	63	625	369	1,648	391	13	48	8	5,926	6,000
35					EFT	18	18	18	18	33	18	18	18	18	18	33	18	246	200
36					Online	19	19	56	0	466	757	0	0	956	0	56	19	2,348	3,800
37					Total Individuals	212	1,548	1,024	5,548	5,142	8,264	3,472	1,716	1,715	1,231	137	45	30,054	30,000
38					Total Donations	212	1,548	1,024	6,068	5,242	8,464	3,472	1,766	1,715	1,281	1,137	45	31,974	31,500
39					Government Grants														
40					DHS-MN Dept of Human Services	0	7,629	0	7,639	0	0	8,099	0	0	10,312	0	0	33,679	28,225
41					Living at Home Network														
42					CDBG-Ramsey/St Paul	0	0	0	0	0	0	0	0	0	6,917	0	0	6,917	6,917
43					MCCC-Metro Area Agency on Aging	0	0	1,651	0	0	652	0	0	0	1,236	0	576	4,115	3,000
44					Ramsey County	0	0	0	5,625	0	0	0	0	0	5,625	0	0	11,250	11,250
45					Total Living at Home Network	0	0	1,651	5,625	0	652	0	0	0	13,778	0	576	22,282	21,167
46					Total Government Grants	0	7,629	1,651	13,264	0	652	8,099	0	0	24,090	0	576	55,961	49,392
47					Miscellaneous Income	0	0	0	0	0	0	0	0	0	0	0	0	0	0
48					Total Income	512	9,177	2,782	31,332	5,542	15,266	12,206	1,924	1,795	26,311	12,242	1,342	120,431	139,592
49																			

	A	B	C	D	E	F	H	J	L	N	P	R	T	V	X	Z	AB	AD	AE
4																		TOTAL	
5						Jul '16	Aug '16	Sep '16	Oct '16	Nov '16	Dec '16	Jan '17	Feb '17	Mar '17	Apr '17	May '17	Jun '17	7/16-6/17	Budget
50					<b>Expense</b>														
51					<b>Equipment</b>	0	218	0	0	0	0	0	0	0	0	0	0	218	500
52					Administrative Expense														
53					Attorney General (AG)	0	0	0	25	0	0	0	0	0	0	0	0	25	25
54					Bank Fees	55	1	1	1	9	2	1	1	1	1	1	2	76	9
55					Fees	0	0	0	0	75	0	55	75	100	0	880	0	1,185	185
56					Living at Home Network (LAHN)	0	0	75	0	0	903	0	270	0	270	270	0	1,788	1,299
57					<b>Total Administrative Expense</b>	<b>55</b>	<b>1</b>	<b>76</b>	<b>26</b>	<b>84</b>	<b>905</b>	<b>56</b>	<b>346</b>	<b>101</b>	<b>271</b>	<b>1,151</b>	<b>2</b>	<b>3,074</b>	<b>1,518</b>
58					Board & Volunteer Exp														
59					Staff/Board/Voluntr Exp	0	100	103	0	0	0	101	0	0	0	0	168	472	500
60					Volunteer Recognition	0	0	0	10	0	0	39	0	0	0	0	189	238	250
61					<b>Total Board &amp; Volunteer Exp</b>	<b>0</b>	<b>100</b>	<b>103</b>	<b>10</b>	<b>0</b>	<b>0</b>	<b>140</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>357</b>	<b>710</b>	<b>750</b>
62					Client/Caregiver														
63					Caregiver Exp	0	0	0	0	0	0	0	0	0	0	0	0	0	200
64					Client Outing Exp	0	0	0	0	235	0	0	0	0	0	0	0	235	1,200
65					Client Reimb Outing Exp	0	0	0	0	-295	0	0	0	0	0	0	0	-295	-1,050
66					Other Client Direct Exp	16	34	187	91	160	7	38	20	14	10	94	0	671	500
67					<b>Total Client/Caregiver</b>	<b>16</b>	<b>34</b>	<b>187</b>	<b>91</b>	<b>100</b>	<b>7</b>	<b>38</b>	<b>20</b>	<b>14</b>	<b>10</b>	<b>94</b>	<b>0</b>	<b>611</b>	<b>850</b>
68					Communications														
69					Copies	0	131	0	0	0	0	0	121	0	92	0	0	344	400
70					Telephone	178	164	173	174	60	110	110	110	110	110	110	110	1,519	2,300
71					Website	0	0	0	27	40	0	0	0	0	0	0	0	67	200
72					Wi-Fi	0	120	0	0	0	0	0	0	0	0	0	0	120	120
73					<b>Total Communications</b>	<b>178</b>	<b>415</b>	<b>173</b>	<b>201</b>	<b>100</b>	<b>110</b>	<b>110</b>	<b>231</b>	<b>110</b>	<b>202</b>	<b>110</b>	<b>110</b>	<b>2,050</b>	<b>3,020</b>
74					Facilities														
75					Electrical	0	0	0	0	0	0	0	0	0	0	0	0	0	50
76					Moving Expense	0	0	0	0	0	0	0	0	0	0	0	0	0	0
77					Rent (SAPUMC)	0	1,262	0	0	0	0	0	640	0	640	0	0	2,542	2,502

	A	B	C	D	E	F	H	J	L	N	P	R	T	V	X	Z	AB	AD	AE
4																		TOTAL	
5						Jul '16	Aug '16	Sep '16	Oct '16	Nov '16	Dec '16	Jan '17	Feb '17	Mar '17	Apr '17	May '17	Jun '17	7/16-6/17	Budget
97					Postage														
98					Administrative Postage	19	0	106	0	0	0	0	0	0	7	49	2	183	300
99					Client Postage	0	0	0	0	0	47	0	47	0	0	0	0	94	150
100					Volunteer Postage	0	0	0	0	0	47	0	47	0	0	0	0	94	150
101																			
102					<b>Total Postage</b>	<b>19</b>	<b>0</b>	<b>106</b>	<b>0</b>	<b>0</b>	<b>94</b>	<b>0</b>	<b>94</b>	<b>0</b>	<b>7</b>	<b>49</b>	<b>2</b>	<b>371</b>	<b>600</b>
103					PR Expenses														
104					Park Bugle	585	69	231	138	248	0	138	69	0	69	207	69	1,823	1,800
105					PR Print	0	0	0	0	0	0	0	0	0	0	0	331	331	350
106					<b>Total PR Expenses</b>	<b>585</b>	<b>69</b>	<b>231</b>	<b>138</b>	<b>248</b>	<b>0</b>	<b>138</b>	<b>69</b>	<b>0</b>	<b>69</b>	<b>207</b>	<b>400</b>	<b>2,154</b>	<b>2,150</b>
107					Strategic Planning														
108					Caregiver Planning	0	0	0	0	0	0	0	0	0	0	0	0	0	2,000
109					In Home Assistance	740	0	0	0	3,000	0	0	0	0	0	0	0	3,740	20,000
110					<b>Total Strategic Planning</b>	<b>740</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>3,000</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>3,740</b>	<b>22,000</b>
111					Contracts for Service														
112					Foot Care	0	0	0	0	0	213	90	0	120	150	60	120	753	
113					Info Tech	0	0	0	0	0	0	0	650	0	0	0	0	650	650
114					<b>Total Contracts for Service</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>213</b>	<b>90</b>	<b>650</b>	<b>120</b>	<b>150</b>	<b>60</b>	<b>120</b>	<b>1,403</b>	<b>650</b>
115					Payroll Expenses														
116					Health Benefits	0	0	0	0	0	0	0	0	0	0	0	0	0	4,860
117					FICA	560	572	618	585	577	599	582	596	564	616	762	582	7,213	7,255
118					MN UI	15	15	10	7	7	8	15	16	15	16	20	15	159	181
119					Workers Comp	0	0	0	0	0	478	0	57	0	0	0	-14	521	754
120					Payroll Service Fees	106	102	102	102	102	102	102	252	145	145	152	152	1,564	1,365
121					Wages, Benefits, Taxes	7,317	7,471	8,072	7,651	7,549	7,835	7,602	7,796	7,374	8,057	9,961	7,605	94,290	94,847
122					<b>Total Payroll Expenses</b>	<b>7,998</b>	<b>8,160</b>	<b>8,802</b>	<b>8,345</b>	<b>8,235</b>	<b>9,022</b>	<b>8,301</b>	<b>8,717</b>	<b>8,098</b>	<b>8,834</b>	<b>10,895</b>	<b>8,340</b>	<b>103,747</b>	<b>109,262</b>
123					<b>Total Expense</b>	<b>9,875</b>	<b>10,412</b>	<b>11,084</b>	<b>9,386</b>	<b>12,952</b>	<b>13,076</b>	<b>8,957</b>	<b>11,003</b>	<b>8,454</b>	<b>10,316</b>	<b>12,772</b>	<b>9,738</b>	<b>128,025</b>	<b>151,240</b>
124					<b>Net Income</b>	<b>-9,363</b>	<b>-1,235</b>	<b>-8,302</b>	<b>21,946</b>	<b>-7,410</b>	<b>2,190</b>	<b>3,249</b>	<b>-9,079</b>	<b>-6,659</b>	<b>15,995</b>	<b>-530</b>	<b>-8,396</b>	<b>-7,594</b>	<b>-11,648</b>



A	B	C	D	F	H	J	L	N	P	R	T	V	X	Z	AB	AC
1	St. Anthony Park Area Seniors															
2	Profit and Loss Budget vs. Actual															07/06/17
3	July 2016 through June 2017															
4															TOTAL	
5			Jul '16	Aug '16	Sep '16	Oct '16	Nov '16	Dec '16	Jan '17	Feb '17	Mar '17	Apr '17	May '17	Jun '17	'16 - Jun	Budget
6	Income															
7	Fee for Service		0	0	0	0	0	105	105	158	35	140	105	175	823	
8	CD Interest		0	0	107	0	0	45	0	0	45	0	0	46	243	200
9	Foundatn Grants & Corp Contrib		300	0	0	12,000	300	6,000	530	0	0	800	11,000	500	31,430	58,500
10	Donations		212	1,548	1,024	6,068	5,242	8,464	3,472	1,766	1,715	1,281	1,137	45	31,974	31,500
11	Government Grants		0	7,629	1,651	13,264	0	652	8,099	0	0	24,090	0	576	55,961	49,392
12	Miscellaneous Income		0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	Total Income		512	9,177	2,782	31,332	5,542	15,266	12,206	1,924	1,795	26,311	12,242	1,342	120,431	139,592
14	Expense															
15	Equipment		0	218	0	0	0	0	0	0	0	0	0	0	218	500
16	Administrative Expense		55	1	76	26	84	905	56	346	101	271	1,151	2	3,074	1,518
17	Board & Volunteer Exp		0	100	103	10	0	0	140	0	0	0	0	356	709	750
18	Client/Caregiver		16	34	187	91	100	7	38	20	14	10	94	0	611	850
19	Communications		178	416	173	201	100	110	231	110	202	110	110	110	2,051	3,020
20	Facilities		0	1,262	0	0	0	0	640	0	640	0	0	0	2,542	2,552
21	Fundraising Expenses		0	0	0	390	47	2,237	12	0	0	49	0	0	2,735	3,500
22	Information Technology		0	150	0	0	0	44	0	0	0	0	0	0	194	1,000
23	Insurance		0	0	1,316	0	956	0	0	0	0	0	0	0	2,272	1,738
24	Mileage		284	0	0	0	0	440	0	0	0	16	0	352	1,092	450
25	Office Supplies		0	3	90	185	182	4	72	236	11	68	206	55	1,112	700
26	Postage		19	0	106	0	0	94	0	94	0	7	49	2	371	600
27	PR Expenses		585	69	231	138	248	0	138	69	0	69	207	400	2,154	2,150
28	Strategic Planning		740	0	0	0	3,000	0	0	0	0	0	0	0	3,740	22,000
29	Contracts for Service		0	0	0	0	0	213	90	650	120	150	60	120	1,403	650
30	Payroll Expenses		7,998	8,160	8,801	8,345	8,235	9,021	8,301	8,717	8,098	8,834	10,895	8,340	103,745	109,262
31	Total Expense		9,875	10,413	11,083	9,386	12,952	13,075	8,957	11,003	8,454	10,316	12,772	9,737	128,023	151,240
32	Net Income		-9,363	-1,236	-8,301	21,946	-7,410	2,191	3,249	-9,079	-6,659	15,995	-530	-8,395	-7,592	-11,648

**St. Anthony Park Area Seniors (SAPAS) Program Statistics**  
**July 1, 2008 to June 30, 2017**

<b>1 Service Recipient Totals</b>		2016-17	2015-16	2014-15	2013-14	2012-13	2011-12	2010-11	2009-10	2008-09
1.1	Unduplicated seniors & caregivers	410	395	331	297	272	342	370	230	185
1.2	New unduplicated seniors & caregivers	196	182	138	127	100	156	187	57	75
1.3	Unduplicated seniors served individually and in groups by volunteers	257	197	181	117	78	138	113	88	55
1.4	Unduplicated seniors receiving service coordination from staff	320	230	226	174	220	167	185	154	136
1.5	Unduplicated caregivers served	25	27	21	19	23	32	21	28	27
1.6	Non-SAPAS seniors & caregivers served	48	49	77	40	65	58	75	N/A	N/A
<b>2 Nursing Activity</b>										
2.1	Number of unduplicated nursing participants	28	21	26	29	19	24	23	19	28
2.2	Home nursing care & therapy visits	201	247	388	251	190	159	239	288	387
2.3	Home nursing care & therapy hours	180.38	230	352	253	204	178	267	309	489
2.4	Home health aid & homemaker visits	45	165	125	236	258	335	281	408	304
2.5	Home health aid & homemaker hours	45.27	150	152	544	696	798	725	947	745
2.6	Blood pressure clinics	60	41	43	36	39	31	25	25	25
<b>3 Home Visits &amp; Chore Help</b>										
3.1	Volunteer home visits	314	393	547	636	573	478	728	499	467
3.2	Staff home visits	45	52	71	125	172	163	117	97	200
3.3	Chore help hours	283.25	184	81	128	40				
<b>4 Wellness Program</b>										
4.1	Senior exercise classes	200	222	239	256	238	251	243	256	253
4.2	Unduplicated attendees	76	88	97	103	73	78	89	103	65
4.3	Average attendance	9.57	9.63	10.4	9.5	10.7	12.5	14.5	10.9	8.3
4.4	Senior exercise hours	1913	2138	2511	2436	2547	3150	3388	2787	2216
4.5	Nutrition groups	1	6	6						
4.6	Average nutrition group attendance	40	3.5	7.5						
<b>5 Meals on Wheels Partnership (M-F delivery)</b>										
5.1	Approximate meals delivered (9 meals per day; none holidays)	2268	2661	3000	3000	3000	3000	3000	3000	3000
5.2	Regular & substitute drivers	51	53	48	43	40	38	41	42	52
5.3	Approximate meal recipients per day	9	9	12	12	12	12	12	12	12
<b>6 Health Transportation Assistance Program</b>										
6.1	Seniors receiving rides	29	48	60	70	56	59	63	47	37
6.2	Staff & volunteer hours per ride (average)	0.55	0.65	0.65	0.65	1.1	1.1	1.3	1.1	1.3
6.3	Drivers total (of which staff)	39	49 (3)	51(3)	57 (3)	47 (3)	59 (2)	53 (2)	56 (2)	50 (2)
6.4	Rides total (of which by staff)	1317	1563 (68)	1566(211)	1403 (176)	752 (178)	939 (107)	1009 (159)	774 (127)	512 (96)
6.5	Ride hours total (of which by staff)	718.25	950 (54)	1043(118)	918 (145)	834 (117)	1053 (124)	1315 (161)	908 (132)	673 (113)
<b>7 Social Activity</b>										
7.1	Total outings	9	12	11	11	14	27	17	6	
7.2	Average attendance	8.89	10.93	13	9.9	9.5	11.5	13.8	19.8	
7.3	Total number of movies	12	11	9	8	8	4			
7.4	Average attendance	16.58	15.14	15	7.6	16	11			
7.5	Number of Coffee & Games sessions	24	24							
7.6	Average attendance for Coffee & Games sessions	7.25	8.2							
<b>Speakers on Educational Issues</b>										
8.1	Number of speakers	2	6							
8.2	Average attendance for speakers	13.5	13.5							
<b>9 Service Providers</b>										
9.1	Unduplicated individual volunteers	118	130	148	147	108	121	136	109	91
9.2	New volunteers in current year	17	21	17	60	21	20	38	20	40
9.3	Direct service volunteer hours	2395.25	3122	4196	2784	3110	2706	2366	1953	1434
9.4	Administrative & clerical volunteer hours	60.5	72.75	40	43	40	53	17	6	62
9.5	Leadership volunteer hours	911.25	1110.25	2080	1718	1509	1403	901	1073	1072
9.6	Staff 3 (1 full-time, 2 part-time)	3	3	3	3	3	2	2	2	2
9.7	Staff hours	4244	4502.25	4368	4108	3640	3484	3484	3484	3068
9.8	Hours total per senior & caregiver (staff hours per sr & cg) *	18.56 (10.35)	22.3 (11.4)	32.3(13.2)	29.1 (13.8)	30.5 (13.4)	22.2 (10.2)	18.3 (9.4)	28.3 (15.2)	30.1 (16.6)

\*For example, in 2014-15, (4196+40+2080+4368) ÷ 331 = 32.3 total hours per participant and 4368 ÷ 331 = 13.2 staff hours per participant